

CURRICULUM VITAE

James Demetrious, DC, FACO

Fellow, Academy of Chiropractic Orthopedists

4837 Carolina Beach Road, Suite 205 • Wilmington, NC 28412

Telephone: 910-790-8020 • dr.demetrious@gmail.com

www.DemetriousChiropractic.com • www.RJMConference.com

EDUCATION

- B.S. (Biology) – Excelsior College
- D.C. (Doctorate of Chiropractic) - New York Chiropractic College -1986
- Diplomate, American Board of Chiropractic Orthopedists – 1993
- Fellow of the Academy of Chiropractic Orthopedists – Re-Certified, 2008

ORTHOPEDIC SPECIALTY BOARD CERTIFICATION EDUCATION

- Chiropractic Orthopedics - National College of Chiropractic

FACULTY / ACADEMIC / EDITORIAL / PROFESSIONAL ACCOMPLISHMENTS

- 2015 - Editorial Reviewer :
 - *Spine*
- 2013-Present – National Mutual Chiropractic Insurance Company Speakers’ Bureau
- Editorial Reviewer :
 - Member of the Peer Review Committee for the 2014 and 2015 Association of Chiropractic Colleges Educational Conference / Research Agenda Conference (ACC-RAC)
- Post-Graduate Instructor:
 - New York Chiropractic College:
 - Lecturer/Online Coursework Author
- Academy of Chiropractic Orthopedists:
 - Editor – *Journal of the Academy of Chiropractic Orthopedists*
- Reviewer – *Clinical Anatomy*, American Association of Clinical Anatomists:
 - 01/06/2011 – Ward, P, Kahkeshani, K. Connection between the spinal dura mater and suboccipital musculature: evidence for the myodural bridge and a route for its dissection. Requested to review by Stephen W. Carmichael, Ph.D., D.Sc. - Editor-in-Chief, *Clinical Anatomy*; Professor Emeritus of Anatomy; Professor Emeritus of Orthopedic Surgery; Mayo Clinic, Rochester, MN USA
- Reviewer – *Clinical Anatomy*, American Association of Clinical Anatomists:

- 06/24/2009 – Ward P. The Myodural Bridge, A Clinically Important but Neglected Feature of the Suboccipital Region. Requested to review by Stephen W. Carmichael, Ph.D., D.Sc. - Editor-in-Chief, Clinical Anatomy; Professor Emeritus of Anatomy; Professor Emeritus of Orthopedic Surgery; Mayo Clinic, Rochester, MN USA
- Reviewer – *Annals of Internal Medicine*, American College of Physicians:
 - 04/28/2009 – The Long-term Effects Of Naprapathic Manual Therapy On Back And Neck Pain
- 2008 – Reviewer/Contributor to Krames Publications Patient Education Company
- NCBTMB Approved Educator
- Former Contributing Editor - MEDSUM Chiro/Medical Research Journal – University of Bridgeport Chiropractic School

HONORS

- **Academy of Chiropractic Orthopedists Distinguished Fellow Award – 2009** – “This doctor has exemplified the meaning of dedication to the Academy of Chiropractic Orthopedists and the orthopedic specialty of the chiropractic profession with extraordinarily meritorious accomplishment and dedication in the pursuit of excellence including many notable exceptional and outstanding distinguished acts and obvious extraordinary achievements.”
- **American College of Chiropractic Orthopedists – 2009 – ACCO Distinguished Service Award**
- **Academy of Chiropractic Orthopedists Outstanding Achievement Award - 2008** - For exceptional performance of service and achievement to the Academy of Chiropractic Orthopedists and orthopedic specialty of the chiropractic profession.
- **Academy of Chiropractic Orthopedists Distinguished Service Award -2007**
- Anatomy Teaching Fellowship Recipient – New York Chiropractic College
- Academic Honors – NYCC
- Phi Chi Omega Honor Society having achieved >3.5 GPA over three consecutive semesters

AUTHORED PUBLICATIONS

- Demetrious J. **Lower back pain due to kidney carcinoid metastasis: A case study.** *NCMIC Examiner*. Fall 2013.
- Demetrious J. **First rib fracture and Horner’s syndrome due to a motor vehicle collision: a case report.** *Chiropractic & Manual Therapies* 2013, **21**:22.
- Demetrious J. **Editorial Article Review: Perceived benefit of complementary and alternative medicine (CAM) for back pain: A national survey.** *JACO*. 2010;7(2):8.
- Demetrious J. **Editorial Article Review: Prevention of nonvertebral fractures with oral vitamin D and dose dependency: A meta-analysis of randomized controlled trials.** *JACO*. 2009;6(2):19-20.

- Demetrious J. **Editorial Article Review: Mortality after lumbar fusion surgery.** *JACO*. 2009;6(2):21-22.
- Demetrious J. **An Imaging Chronology of Degeneration Following Anterior Cervical Interbody Fusion.** *Journal of the American College of Chiropractic Orthopedists*. Volume 30, Number 1 – April, 2009.
- Demetrious J. **Annular tear of a cervical intervertebral disc treated with spinal manipulation and intermittent axial traction: a case report.** *Academy of Chiropractic Orthopedists – eJournal* - Volume 6, Issue 1 – March, 2009.
- Demetrious J. **MRI Evidence of Multi-factorial Issues of Lumbar Degeneration – A Chiropractic Orthopedic Self Test.** *Academy of Chiropractic Orthopedists – eJournal* Volume 5, Issue 4 – December, 2008.
- Demetrious J. **Case History – Reprint – Lung cancer metastasis to the scapula and spine: a case report.** *Academy of Chiropractic Orthopedists – eJournal*. Volume 5, Issue 3 – September, 2008.
- Demetrious J, Demetrious GJ. **Lung cancer metastasis to the scapula and spine: a case report.** *Chiropractic and Osteopathy*, 16:8. 2008.
- Demetrious J. **Clinical Pearls – Functional Lumbar Stenosis due to Posterior Lumbar Interbody Fusion.** *Academy of Chiropractic Orthopedists – eJournal* - Volume 5, Issue 2 – June, 2008.
- Demetrious J. **Reader’s Forum.** *North Carolina Medical Journal* , 69 (2): 175. March/April, 2008.
- Demetrious J. **Post-traumatic upper cervical subluxation visualized on MRI: a case report.** *Chiropractic and Osteopathy*. 15:20, December, 2007.
- Demetrious J. **Clinical Pearls - Upright Dynamic MRI and Chiropractic.** *Academy of Chiropractic Orthopedists – eJournal* - Volume 4, Issue 4 –December, 2007.
- Demetrious J. **Clinical Pearls – Posterior Lumbar Interbody Fusion Failure: A Brief Case Presentation.** - *Academy of Chiropractic Orthopedists – eJournal* - September, 2007.
- Demetrious J. **Clinical Pearls - Modic Type 1 Changes – Lumbar Spine.** *Academy of Chiropractic Orthopedists – eJournal* – June, 2007.
- Demetrious J. **Clinical Pearls - “Modic Type 2 Changes.** *Academy of Chiropractic Orthopedists – eJournal* - December, 2006.
- 2006, 2007, 2008, 2009 - North Carolina Chiropractic Association – Health Treks – Columnist - Clinical cases/images for the North Carolina Chiropractic Association
- Demetrious J. **Case Report – Coumadin Coagulopathy Hemorrhage that Mimicked Sciatic Pain.** – *The Academy of Chiropractic Orthopedists – e-Journal* – 2005.
- 1995 – Selected Contributor of the Advanced Diagnostics Section of the American Chiropractic Association Sports Diplomate Program
- Demetrious J. **Metastatic Renal Cell Carcinoma of the Sternum and Spine that Mimicked Costochondritis.** *Journal of the Neuromusculoskeletal System*. 1995.

- Demetrious J. **Testicular Seminoma Affecting the Cervico-Thoracic Spine.** *Journal of Manipulative and Physiologic Therapeutics.* 1992.
- Demetrious J. **What is the Primary Objective of Sub-Specialty Care?** *American Chiropractic Association Journal.* 1989.

POST-GRADUATE EDUCATOR PROVIDING THE FOLLOWING COURSEWORK

- Chiropractic:
 - Complex Case Management
 - Medical Errors and Chiropractic Efficacy: Evidence Based Rationales for Chiropractic Intervention
 - The Intervertebral Disc (12 hour lecture)
 - Cervicogenic Headache and Related Disorders (12 hour lecture)
 - Advanced Orthopedic and Neurologic Cases (12 hour lecture)
 - Whiplash Associated Disorders (12 hour lecture)
 - Imaging Case Reports (12 hour lecture)
 - Biologic Concepts of the Vertebral Subluxation (12 hour lecture)
 - The Cervical Spine: An Evidence Based Approach (12 hour lecture)
 - The Lumbar Spine: An Evidence Based Approach (12 hour lecture)
 - MRI and Chiropractic (12 hour lecture)
 - Ethics, NC Jurisprudence, Sexual Boundaries (3 hours)
 - Clinical Documentation/Jurisprudence Related to Malpractice (2 hours)
- Attorney NC Approved CLE:
 - Whiplash Associated Disorders: Objective Evidence of Soft Tissue Injury
- Massage and Body Therapy:
 - Myofascial Assessment and Care
 - Medical Massage
 - The Cervical Spine and Upper Extremities
 - The Lumbar Spine and Lower Extremities
 - Lymphatic Drainage Therapy
 - Ethics

POST-GRADUATE CONTINUING EDUCATION INSTRUCTION

- **2000-Present** – Approved by the North Carolina Board of Chiropractic Examiners to teach post-graduate continuing education courses.
- **2004-Present** – Approved by the South Carolina Board of Examiners to teach post- graduate continuing education courses.
- **2013** – American College of Chiropractic Orthopedists – Annual Convention – Differential Diagnosis for the Chiropractic Orthopedist
- **2009** – New York Chiropractic College – 90th Anniversary Celebration - Invited Lecturer – “Cervicogenic Headache and Related Chiropractic Concepts”

- **2009** – American College of Chiropractic Orthopedists – Annual Convention – San Antonio, TX – “Risk Management Related to Failed Back Surgery Syndrome” and “ABCs of Writing Case Reports” – Invited Lecturer
- **2009** – Tri County Dental Society – “Cervicogenic Headache” – Invited Lecturer
- **2006-2016** – New York Chiropractic College
- **2006, 2007, 2008** - Sherman College of Straight Chiropractic – Invited Lecturer, Lyceum
- **2006, 2008** – Louisiana Chiropractic Society – Invited lecturer
- **2007** – American College of Chiropractic Orthopedists – Annual Convention – Phoenix, Arizona – Invited to present original paper entitled, “Post-Traumatic Upper Cervical Subluxation on MRI: A Case Report.”
- **2007** – North Carolina Chiropractic Association - Invited Lecturer, Vertebral Subluxation: An Evidence Based Approach.”
- **2007** – Logan College of Chiropractic - Invited Lecturer, Vertebral Subluxation: An Evidence Based Approach.”
- **2006, 2007**- Florida Chiropractic Society – Invited Lecturer at Winter and Spring Convention – 12 CE Credits sponsored by Palmer Chiropractic College.
- **2006** – International Research and Philosophy Symposium - Sherman College of Straight Chiropractic – Presented original paper entitled, “Post-Traumatic Upper Cervical Subluxation on MRI: A Case Report.”
- **2005, 2006, 2008** - South Carolina Chiropractic Association Annual Convention – Invited Lecturer
- **2000** – Founded RJM Conference Group, Inc. – Post-Graduate Chiropractic Continuing Education

CERTIFICATIONS/MEMBERSHIPS

- American Chiropractic Association
- Academy of Chiropractic Orthopedists
- American College of Chiropractic Orthopedists
- NCBTMB Approved Continuing Education Provider

COMMUNITY AND SOCIAL INTERESTS

- Former Board Member of Lower Cape Fear Hospice:
- Wilmington Regional Autism Parental Support Group:
 - Co-Founder and Past President
- Myrtle Grove Optimist Club – Former Board member and Little League Safety Officer
- Chester Little League - Former Board member and Little League Safety Officer
- Chester Public Library - Former Board of Trustee Member
- Chester Union Free High School – Baseball Coach/Conditioning /Weightroom Instructor
- Chester Volunteer Ambulance Corps. Director - Fundraiser Walkathon
- American Heart Association – Former Volunteer

CLINICAL PRACTICE SINCE 1986

- Wilmington, N.C. – 17 years
- Chester, N.Y. – 12 years

STATE LICENSES HELD

- North Carolina (Active)
- New York (Inactive status having moved to NC)

REFERENCES

- Tony Hamm, DC, FACO – President, American Chiropractic Association
- Thomas Ventimiglia, DC, FACC – Director, Post-Graduate Education, NYCC
- James Brandt, DC, MPS, FACO – President, Academy of Chiropractic Orthopedists
- Jerrold Wildenauer, DC, FACO – Executive Director, Academy of Chiropractic Orthopedists
- Bruce Gundersen, DC, FACO – Editor in Chief, Journal of the Academy of Chiropractic Orthopedists
- Thomas Mack, DC, FACO – Past President, American College of Chiropractic Orthopedists

RECOMMENDATIONS

- “It is my honor to provide my strongest recommendation for this exceptional chiropractic orthopedic physician and educator. Dr. Demetrious serves the chiropractic profession, campus community and students in an exemplary manner. He is an ardent practitioner of evidence-based health care. Dr. Demetrious comes to chiropractic health care science with strength in chiropractic protocol delivery, interest in the well-being of patients in his charge and the motivation to excel in health care science, bringing leading edge evidence based health care experience to his classroom. I have had the great good fortune to know and be part of this fine physician’s career development in recent years. I am certain his colleagues echo my sentiments concerning Dr. Demetrious' exceptional skills. Dr. Demetrious brings to the chiropractic profession a unique blend of an evidence-based chiropractic physician, well tested in real-world care environments, and a bright, energetic, highly intelligent scholar and academician. In my experience as a professor and examiner emeritus in chiropractic orthopedics, these are attributes not to be overlooked. Students profit and learn from real-world experiences added to the scholarly discussions surrounding health care education. Dr. Demetrious made chiropractic his career because he understands and appreciates the philosophy of preventive, whole-person care. This fine physician is mature, confident, and ready for the academic rigor of any University or private practice environment.”

October 15, 2009 - **Ronald C. Evans, DC, FACO, FICC - Former Member and Chair, Iowa Board of Chiropractic Examiners CEO, Iowa Chiropractic Physicians Clinic Examiner Emeritus, Academy of Chiropractic Orthopedists Examiner Emeritus, American Board of Chiropractic Orthopedists**

- “Dr. Demetrious provided superb presentations to our groups related to spinal analysis and imaging. His knowledge and professionalism were exemplary and his presentations received high accolades from individuals in attendance. Evaluations were similarly rated high. I commend Dr. Demetrious to your organization as a

professional and I am pleased to have him as a colleague. His dedication to the people that the chiropractic profession serves is readily apparent in his work,” **Top qualities:** Personable , Expert , High Integrity

November 28, 2009 - **Myron Brown, DC – Former Executive Vice President/Provost at Sherman College**